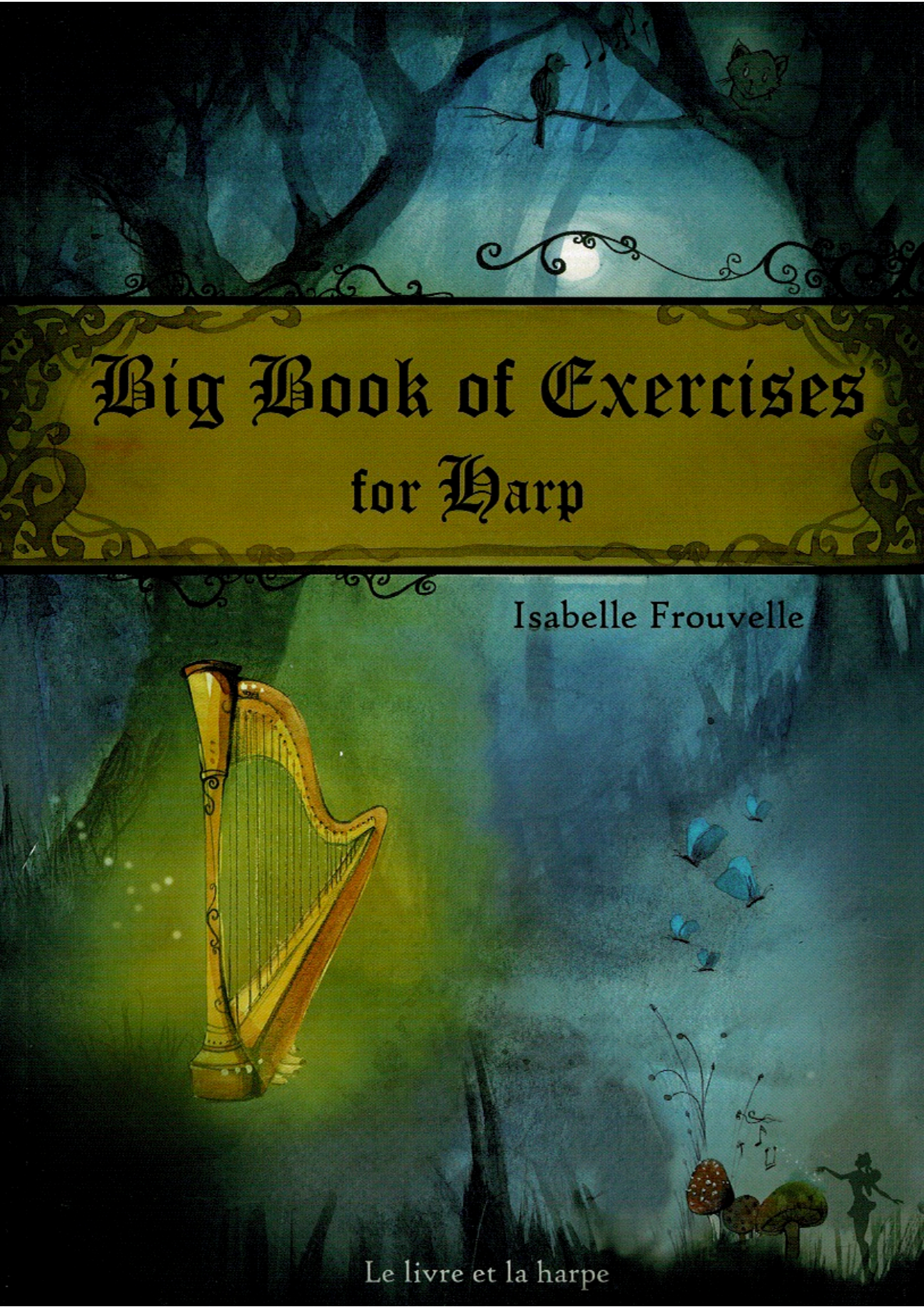




Big Book of Exercises for Harp

Isabelle Frouvelle

Le livre et la harpe

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Chapitre 1 : Exercices à un doigt

Chapter 1 : One Finger Exercises

Chaque exercice peut être travaillé avec chacun des doigts. Accompagner l'articulation d'un mouvement de souplesse du poignet. Écouter la rondeur et la régularité de chaque note. À travailler au métronome.

Each exercise can be played with each finger in order to strengthen the hand and improve suppleness.

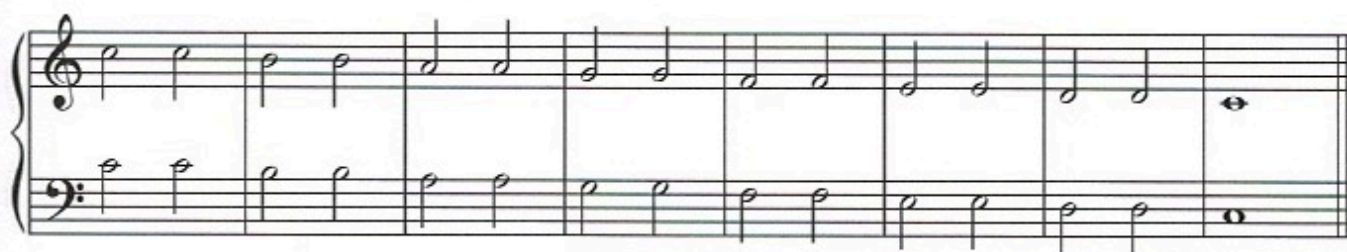
Listen to the sound quality of each note. To be practiced with a metronome.

N°1

Isabelle Frouvelle



N°2



N°3



This **Big Book of Exercises** is intended for harpists and harpers of all abilities, from their very first year of practice (to be used along with **Play the Harp with Charlie the Kitten**), up to year 6 and beyond. All technical aspects of harp playing are covered in progressive chapters. Teachers will find it useful to select exercises from several chapters at a time, according to their pupil's progress and need.

Also by Isabelle Frouvelle :

Methods :

- **Play the Harp with Charlie the Kitten**
- **Je joue de la harpe avec Gribouille**
- **Ich spiele Harfe mit Kasimir**
- **Suono l'arpa con Scarabocchio**
- **Toco el arpa con el gato Garabato**
- **DVD J'apprends la harpe (I'm Learning to Play the Harp)**, in French language only. In-depth technical explanations on video of all the exercises and music found in **Play the Harp with Charlie the Kitten**. For self-teaching harp players, or in addition to a lesson with a teacher, or to help parents for guidance.



Isabelle Frouvelle

Pieces for Harp :

- **Les Amis de Gribouille** (Charlie's Friends), nine pieces for lever harp (year 2-3)
- **Le Bal des Fantômes** (The Ghosts' Ball), for lever harp or pedal harp (year 4-5)

Chamber Music :

Short duets for beginning and lower-intermediate harpists :

- **Dans la brume** (In the Fog), for lever harp and clarinet (year 1-2)
- **Au pays des ânes volants** (In the Land Where Donkeys Fly), for lever harp and violin (year 2-3)
- **Histoire courte** (Short Story), for lever harp and flute (year 2-3)
- **Le loup-garou** (The Werewolf), for lever harp and double-bass (year 3-4)